



GESTALT THERAPY AUSTRALIA PROUDLY PRESENTS TWO IMPORTANT WORKSHOPS WITH WE AL-LI IN 2022

We Al-li is an Australian Aboriginal family owned business that was created in answer to the overwhelming response for programs of healing, sharing and regeneration, created by Emeritus Professor Judy Atkinson and then supported by Dr Caroline Atkinson. Representing the outcome of decades of sitting in community, listening to the stories of Aboriginal peoples, the programs offered by We Al-li are unique in that they are informed by the stories of Aboriginal Australians and utilise traditional Indigenous healing work combined with a western trauma informed and trauma specific approach to individual, family and community recovery.

Workshop 1

Dadirri - The ancient art of deep listening supporting culturally sensitive practice

With We Al-li

9 & 10 June 2022

Dadirri - Overview

Dadirri has been called "the Aboriginal gift". It is inner deep listening and quiet, still awareness-something like what you would call contemplation. This two-day training introduces Dadirri as the core of all We Al-li practices and skill based learning outcomes. Dadirri provides the foundation for culturally safe practices and establishes a respectful healing environment for skills transference in all We Al-li professional development training's.

Learning to communicate deeply with others and our self is necessary to effective practice. Participants are introduced to many key therapeutic approaches used by We Al-li including story mapping, sand-play, music, art therapy, movement and guided imagery.

The main aim of this workshop is to locate the ancient Aboriginal tradition of mindfulness within the work of trauma recovery in Australia and elsewhere.

The workshop objectives are to establish principles of practice, using mindfulness in self-care and in the development of communities of care, and communities of practice in all trauma recovery work

General Information about Dadirri

Venue: 27 Royal Parade Parkville

Dates: Thursday 9th June and Friday 10th June 2022 / 9.30-5.00pm

Fee: General Admission \$700. GTA Student or ConnectGround Interns \$500. Prices exclude GST

Number are limited to 25 people

Book Via Eventbrite: <https://dadirri.2022.eventbrite.com.au>

Workshop 2

The Prun – Managing Conflict

With We Al-li

28 & 29 October 2022

The Prun - Overview

Prun is an Indigenous word and an Indigenous way to resolve conflict. This training will help participants develop skills for constructive conflict management in various environments including schools, workplace, family and community. It is based on the Indigenous group conflict management processes of the Prun and the process work of Arnie Mindell (Sitting in the Fire).

The main aim of this workshop is to

- Describe and analyse the theory and practice of Indigenous conflict management processes relative to non-Indigenous dispute resolution theory and practice.
- Demonstrate and explain the role and strengths of sorting the issues in group conflict.
- Contextualise and critically reflect on the functions of power and privilege, group leadership, and eldership in conflict management processes.
- Demonstrate and explain cultural diversity in conflict management processes.

General Information about Prun

Venue: 27 Royal Parade Parkville

Dates: Friday 28th and Saturday 29th October 2022 / 9.30-5.00pm

Fee: General Admission \$700. GTA Student or ConnectGround Interns \$500. Prices exclude GST

Number are limited to 25 people

Book Via Eventbrite:

https://we_al_li_the_prun.eventbrite.com.au

Who should attend?

Psychotherapists, psychologists, counsellors, social workers and anyone else wanting to develop their capacity to listen deeply and work in a culturally sensitive ways. Students of counselling and psychotherapy training programs are also welcome to attend.

Cancellations made up to 30 days before this event are subject to Eventbrites cancellation process and include their fee. Cancellations after 30 days will be reviewed on a case by case basis, and if we can fill from a waiting list we will refund your money, less the eventbrite fee. There are no refunds available after 7 days

About the Facilitator / Alison Elliott

MA Indigenous Studies, GradDip Clinical FamilyTherapy, BA (Health Promotions)

Alison Elliott's main passion and commitment is to her family. She is mum of 7 and step mum of 5. She has family connections of Wiradjuri (Dubbo, NSW) and has Anglo Celtic, Polish & Danish heritage. She grew up on Dharug country around the Hawkesbury River in NSW so has strong connections to the land there as well.

Alison holds a Masters Degree in Indigenous Studies (Wellbeing) from Southern Cross University, a Bachelor in Health Promotions from Deakin University and a Graduate Diploma in Clinical Family Therapy.

Alison works with Bouverie's Indigenous Program as a family counsellor and teacher in the Graduate Certificate in Family Therapy.



She has also been a trainer for SNAICC delivering the 'Through young black eyes' and 'Walking and Working Together' training packages to organisations in Alice Springs, Canberra and Melbourne. Alison also co-facilitates the popular "Healing Aboriginal Families " 2 day workshop run at the Bouverie Centre. In her clinical work at Bouverie Alison has been working with individuals and families and assists with restoring some meaning and purpose to their losses /changes in family systems through contemporary rituals and therapeutic processes.

About the Facilitator / Rowena Price

BA Indigenous Studies , GradCert Family Therapy, Certificate IV in Training and Assessment

Rowena Price is descendant from Scottish, Irish, German, English, Yorta Yorta and Palawa heritage. She grew up on Wemba Wemba land (Swan Hill) and moved herself and her son to Naarm (Melbourne) 13 years ago to break unhealthy cycles and attend university.

During that time Rowena has completed a Bachelor of Arts in Indigenous Studies & Certificate IV in Training and Assessment at Victoria University, Wayapa Practitioner Diploma Course with Wayapa Wuurrk and most recently a Graduate Certificate in Family Therapy at Latrobe University.

Rowena works on many community development and research projects, across the western suburbs of Melbourne within her working roles as Aboriginal Engagement Officer at Victoria University and Project Manager at Aboriginal Wellness Foundation.



Rowena is also the Owner and Manager of Eternal Earth Connections which was created to achieve the vision of offering community development and therapeutic programs, whilst running parallel with restoration of Country programs that work towards healing country and people.