



# ConnectGround

## Gestalt Centre

## ConnectGround Professional Extension Workshop

### LGBTQI Sensitive Practice

**Presented by Larz Lauer and eden brown**

**Thursday 2 June 2022**

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ConnectGround is pleased to announce a 4-hour professional development session to ConnectGround interns and students and graduates of Gestalt Therapy Australia.

This workshop provides Gestalt practitioners and students with a Queer 101, to incorporate LGBTQI and Gender affirmative, inclusive and sensitive approaches to your practice.

We will explore: a brief historical ground of the LGBTQI movement and resistance; the current health situation for LGBTQI identified people; affirming language, concepts and pronouns; critiquing how our heteronormative biases may be impacting our practices and interventions by bringing the unconscious in to awareness in both therapeutic work and ones wider life/field and; experiment with your own queerness and gender-beingness to support integration

#### **Presenters details:**

Larz Lauer is a white settler living in Meanjin (Brisbane) born in Durug country (Western Sydney). He has recently graduated from the Masters program of Gestalt Therapy at Gestalt Therapy of Brisbane (GTB). Larz is a queer trans man, eldest of a family of six children and a double cat dad who balances his city life with the urge to be as deep into nature as possible.

For Larz, the draw to Gestalt Therapy comes from the process of bringing out the self in order to meet the other. Central to his practice is his passion and active work in applying an intersectional and anti-oppressive framework through Gestalt therapy methodologies. This extends into the drive to support an increasing capacity of therapists to meet this stance on liberation. He is invested in building community and is willing to show up in his vulnerability and flaws to meet our collective humanity.

eden completed their Gestalt training in 2021. They have worked in the international development and community services sector for the past 12 years; within Aboriginal Community Controlled Organisations and Indigenous non-government organisations in the Asia-Pacific region, has supported young people in state care, women and children escaping family violence and provided counselling to men who enact violence. They currently work as a counsellor for a LGBTIQ+ community health agency. They also co-chair an international online Gestalt Gender Group and is a collaborator and facilitator at Open Gestalt.

eden is a neurotypical, able-bodied, queer, trans non-binary, pasefika person of colour."

**ConnectGround** is a community-based counselling & psychotherapy centre offering low-cost individual and group therapy.

We offer low cost and ongoing psychotherapy that emphasises the therapeutic relationship as a support for developing awareness and flexibility.

We are putting into practice relational gestalt theory by emphasising the importance of connection to others and the world in which we live.

We offer opportunities for student interns, volunteers and graduate interns to gain experience by working with clients and develop their skills and professionalism.

### **DETAILS**

**Venue:** Gestalt Centre

**Date:** Tuesday 8th March 2022

**Time:** 9.30am - 1.30pm

**Cost:** \$150 (exc GST) free of charge for all current ConnectGround interns

Please register and pay via Eventbrite

[https://connectground\\_lgbtqi\\_workshop.eventbrite.com.au](https://connectground_lgbtqi_workshop.eventbrite.com.au)

### **Our Cancellation policy:**

You can cancel up to 7 days prior to the commencement of the event via Eventbrite to receive a refund less their fee. Refund is subject to Eventbrite's cancellation policy, please refer to your registration details on how to apply for a refund. If your cancellation is received after this date, your course fee will be forfeited.